



Academy of Psychological Clinical Science

President

David Sbarra

Past President

Tom Oltmanns

Secretary

Melanie Dirks

Treasurer

Stacy Frazier

Executive Committee At-Large Members

Joshua Miller, Michele Levine, & Wayne Siegel

Membership Meeting Thursday May 24 2018 Hilton Union Square, San Francisco Golden Gate Rooms 7-8

Present: 31 total. Dave Sbarra (University of Arizona), Rich McNally (Harvard), Timothy Strauman (Duke), Michael Pogue-Geile (University of Pittsburgh), Jennifer Tackett (Northwestern), Ke Anne Zhang (Indiana University), Jamie Ostrov (SUNY-Buffalo), Mary-Frances O'Connor (University of Arizona), Atina Manvelian (University of Arizona, doctoral student), Josh Miller (University of Arizona), Sherryl Goodman (Emory University), Tom Rodebaugh (Washington University), Don Fowles (University of Iowa), Ryan Beveridge (University of Delaware), Teresa Treat (University of Iowa), Dick McFall (Indiana University), Alan Kraut (PCSAS), Aaron Pincus (Penn State), Nicholas Eaton (SUNY-Stony Brook), Joanna Kim (UCLA, doctoral student), Joanne Davila (SUNY-Stony Brook), Jeffrey Berman (University of Memphis), Jeannette HSU (Paolo Alto VA, Internship), Marc Atkins (University of Illinois at Chicago, Internship), Stacy Frazier (Florida International University), Lee Llewellyn (University of Virginia), Jeremy Eberle (University of Virginia, doctoral student), Frank Floyd (University of Hawaii), Sheri Johnson (UC Berkeley), Casey Brown (UC Berkeley, doctoral student), Mike Dolsen (UC Berkeley, doctoral student), Patricia Deldin (University of Michigan), Melanie Dirks (McGill University)

(1) Opening Remarks (Sbarra)

Dave Sbarra welcomed people to the meeting and provided opening remarks. He noted that with PCSAS's transition to independence there are increased opportunities for APCS to develop new initiatives. A chief example of this new work is the Student Engagement Committee's Flexibility Fund, which is a program that provides funds to doctoral students seeking training opportunities outside of their home institutions. Dave reported that the first round of Flexibility Fund proposals had been funded and that the second round had been submitted. Dave also highlighted the importance of recruiting younger faculty members to participate in APCS, as well as thinking about ways to increase the benefits of participation in the APCS meeting for attendees.

(2) Treasurer's Report (Frazier)

Stacy Frazier provided the treasurer's report. APCS currently has a balance of \$97,969.

APCS still has funds in two banks (Chase and M & T) due to the issues associated with finding a Merchant Services Provider. Stacy continues to work with Chase on this issue, and if they are not able to accommodate us, then she will move all the funds to Bank of America before finishing her term as treasurer.

Academy of Psychological Clinical Science

David A. Sbarra, Ph.D, President

E-mail: sbarra@email.arizona.edu

There are 77 member programs who contribute approximately \$30,000 in dues annually. Seventy-one programs have paid their dues this year.

APCS expenses include contributions to PCSAS, CAAPS, and the Delaware Project Award, web maintenance, web hosting, the APCS membership meeting at APS, an APCS event at ABCT, and the Flexibility Fund. A detailed report of expenses is available from Stacy Frazier.

Expected expenses for next year are similar, except that the amount contributed to the Flexibility Fund will double, because two rounds will be funded.

Dave reported that our expenses currently exceed how much we bring in from dues and that to maintain the Flexibility Fund we will need to raise dues. He asked whether programs would be open to increasing dues \$50 in 2019 and another \$50 in 2022. No objections to this proposal were raised.

(3) APS Program Committee Report (Tackett)

Jennifer Tackett provided an update from the APS Program Committee. She reported that although historically there have been two clinical science reps on this committee – one from APCS and one from SSCP – there is now only one at the request of APS.

The APS Clinical Track program is scheduled for Saturday and includes a session on replicability moderated by Rich Lucas and a session on the controversy over complicated grief.

Sheryl Goodman and Jamie Ostrov organized the Clinical Science Forum scheduled for Thursday afternoon, which is focused on developmental psychopathology and features presentations by APS Rising Stars as well as senior scholars.

If anyone has suggestions regarding the clinical science programming at APS they should contact Jennifer directly (jennifer.tackett@northwestern.edu).

(4) Committee Reports: Membership, Collaboration & Partnerships (Strauman & Davila)

Tim Strauman reported on the activities of the Membership Committee. APCS now has 77 member programs, with another application pending. Currently there are 9 reviewers who are all younger faculty members. Tim highlighted that serving as a reviewer is a great way for younger faculty to get involved in APCS.

Dave reported that there are currently 12 internship programs in APCS. Wayne Siegel is developing a more streamlined application for internship programs interested in becoming members. APCS continues to reach out to internship programs by holding events at ABCT.

Joanne Davila reported on the activities of the Collaboration and Partnerships Committee, which was designed to increase representation of APCS and PCSAS on the boards of relevant organizations (e.g., CoA). She noted that Tim Strauman was elected to the CUDCP board this year and emphasized that we need people to run for board seats within these organizations.

(5) Internships and the Academy (Siegel)

Wayne Siegel was not able to attend the meeting and Dave elected to table this agenda item. He noted that Wayne and Michele Levine are working on a new application that may be easier for internship programs to navigate, thus making the process of applying and joining the Academy more appealing. Wayne has contacted a handful of programs to beta-test the draft application and to garner feedback.

(6) Panel discussion: Preparing Academy program students for VA internships and careers (Led by Hsu & Pollack)

Jeanette Hsu (Internship Director, Palo Alto VA) and Stacey Pollack (Director of Program Policy Implementation, VA Medical Center) led a discussion on helping students prepare for VA internships. Both Jeanette and Stacey noted that the VA is really a partner of APCS; VAs want to train our best students, and many of our students have careers in VAs.

Jeanette noted that this year, there were slightly more internship spots than students, and that strong students typically match at one of their top three choices. As a result, she works hard to attract the best students to her site. When evaluating applicants, many academy VA programs emphasize strong research training, including publications and presentations, as well as the integration of research and clinical work. Clinically, it is important that students have a good foundation in individual therapy and are able to flexibly apply evidence-based treatment.

Joanne Davila asked whether it was necessary for students to have prior experience at a VA. Jeanette responded that at some sites prior VA experience may be required and that should be made clear in their materials. At her site, Jeanette said it was important for students to have experience in similar settings, but that these do not necessarily have to be in VA settings (e.g., if you're applying to a BMed position within the VA, working in a hospital is key).

Marc Atkins highlighted that the VA does a lot of innovative work and wondered if APCS could play a role in making VA training opportunities available outside of the VA. Stacey noted that a lot of training materials created by the VA are already available online (e.g., <https://psycharmor.org>).

Stacey emphasized that VAs are different from each other and there is no national policy that guides the VAs. The VA has three missions – clinical care, training, and research – and as a result there are many different career avenues available within a VA (e.g., research only, clinical work only). Ke Anne Zhang asked whether there are webinars available that made information about the different career tracks within VAs available to students; Stacey responded that these are not currently available but such materials were a great idea.

Alan Kraut highlighted that the VA is the largest employer and trainer of psychologists in the United States and as a result they set the standards (e.g., salaries). He reported that the actions of the VA were the primary reason that APPIC changed their policy to allow students from PCSAS-accredited programs to enter the APPIC match.

Dave thanked Jeanette and Stacey for their presentation.

(7) Update on PCSAS (Kraut & Levenson)

Alan Kraut and Bob Levenson provided an update on the activities of PCSAS. Alan reported that Missouri is close to passing legislation that would allow graduates of PCSAS-accredited programs to be licensed, and that other states are also making excellent progress towards this goal.

After years of discussion, on April 5 APPIC proposed a policy that would allow PCSAS students to enter the match. (Previously, only students from programs accredited by APA or CPA were allowed to enroll in the APPIC match). This is an important development and it was largely made possible by the actions of the VA, who said that if APPIC would not recognize PCSAS accredited programs they would find a new match service.

Alan reviewed the situation regarding licensing parity in New Mexico, which is that New Mexico law states that for a person to sit for the licensing exam he/she has to have graduated from a program that is accredited by a system that is recognized by a national body. The relevant legislators in New Mexico wrote a letter to Dick saying that they recognized CHEA as an accrediting body; following from that, they would recognize PCSAS accreditation, and eventually, they would make a formal change to the law. The change was proposed and opened for public comments until May 14. On May 14 ASPPB and APA both submitted comments opposing the change and as a result, it was not passed.

Bob thanked APCS for their continued support of PCSAS and highlighted that we are now at an important point in the development of PCSAS. To date, 37 programs have achieved PCSAS accreditation. There are another 12 programs that likely could be PCSAS accredited and they should be recruited actively. He noted that it is important to keep in mind that licensing involves 50 independent states, and programs need to think about changing licensing legislation in their state. Dave Sbarra is currently working on a tool kit that provides information about this process. Bob noted that PCSAS must coordinate with other organizations; correspondingly, PCSAS has scheduled a meeting with CoA this summer to open up a dialogue.

Bob reminded members that 13 programs have publicly announced that they may drop their APA accreditation. He highlighted that it is important to think about which program will be the first to take this step. In addition, APCS needs to think now about what a training model would look like when there are no APA requirements guiding it – i.e., what would programs do with additional degrees of freedom?

Alan reported that many programs are unsure about what qualifies as a clinical scientist. As a result, the PCSAS review committee is engaged in a research project led by Teresa Treat, Bob Simons, and Greg Miller to identify systematically the decision rules used to make this judgment. Results will allow PCSAS to provide more detailed guidance to applicants and will improve their review process.

Rich McNally noted that to be licensed in Massachusetts students must have taken a required set of courses and asked how PCSAS handled that issue. Bob highlighted that the licensing process is different in every state and that it may be possible to work with APA. Rich also asked how far back programs needed to be reporting for PCSAS accreditation? Alan and Bob confirmed that the last 10 years were reviewed.

Michael Pogue-Geile asked if APPIC had officially changed their policy to allow PCSAS programs into the match. Alan responded that the change is not official yet, but that the review process has closed, and many people wrote positive comments about the new policy. Dave confirmed that he will send an email to member programs when the change becomes official.

(8) Update on PCSAS licensing parity initiatives (Sbarra)

Dave provided an update on efforts to change state laws and/or licensing board policies to allow PCSAS to achieve licensing parity. Licensing parity means different things in different states, but a common example would be to equate PCSAS accreditation with APA/CoA accreditation in all relevant laws or policies. This movement toward parity would help create a path for PCSAS programs to ultimately drop APA accreditation while still ensuring graduates from their programs continue to remain fully license-eligible without additional impediments. Dave emphasized that the first thing legislatures typically ask is which other states have done this; thus, it is critical to make progress in as many states as possible.

Dave has been leading efforts to achieve licensing parity in Arizona. They were close to achieving this goal and will try again next year. He stated that the key step in this process was finding a person at the University of Arizona who could mobilize the university's VP for government affairs and he encouraged programs to think about whether there was someone at the university who could lobby the government on their behalf.

Patricia Deldin noted that it would be very brave of any one program to give up their APA accreditation. She suggested that the top 10 programs need to do it at the same time. She noted that PCSAS has an image problem and that the perception is that it is splitting the field, highlighting that at CUDCP people were upset about this issue. She suggested that PCSAS needed to engage in public-relations work to clarify how this model differs from the Boulder model, and why these differences are important. She also noted that some programs are having trouble getting APA accreditation; for example, UCLA and Minnesota did not receive full accreditation following their last review. Bob agreed that these changes will not occur immediately.

Dave thanked Bob and Alan for their excellent work

(9) Introducing the Student Engagement Committee (SEC; Eaton)

Nick Eaton provided an update on the activities of the Student Engagement Committee, which is co-chaired by Nick, Justin Lavner and Christal Badour. Their first initiative was the Flexibility Fund, which provides funds to students to pursue training opportunities outside of their home institution. In the first round, 18 applications were submitted and 6 proposals received an award of \$1000. Fourteen applications were submitted in the second round. These are under review and another 6 awards of \$1000 will be made.

Three students have joined this committee: Miranda Beltzer, University of Virginia; Atina Manvelian, University of Arizona; Sara Moss, Ohio State University.

Currently, this committee is developing a website that will help direct students to available resources concerning a variety of topics, including funding, diversity, training, and the mental health and well-being of graduate students. Dave noted that it would be helpful to provide information about navigating the post-internship stage (e.g., post-doc).

Dave thanked the Student Engagement Committee for their excellent work.

(10) Update on the Delaware Project (DP) & DP Student Award (Beveridge & Kim)

Ryan Beveridge updated the members on the activities of the Delaware Project. He reminded everyone that the Delaware Project began in 2011 and was focused on reimagining clinical-science training in ways that broke down the silos that had formed between lab-based and dissemination research.

The Delaware Project is currently involved in two initiatives. First, in collaboration with RDoC and the ABCT Dissemination SIG, they organize a webinar series in which each episode has three experts including someone who conducts basic research on the topic and another who develops treatments. Second, they sponsor the Delaware Project graduate student award which is given each year to a doctoral student whose work best exemplifies the principles of the Delaware Project. The award provides funds for the student to attend APS and the ABCT dissemination SIG.

This year's winner of the Delaware Project award is Joanna Kim (UCLA, Supervisor: Anna Lau). Joanna gave a presentation describing her doctoral work, which focuses on understanding why CBT in community clinics typically results in weaker treatment effects than are observed in RCTs. In particular, she is working with community mental health clinics in the Los Angeles area to identify how therapists respond to barriers that occur during treatment sessions, and to index the intensity of treatment that therapists are able to deliver.

Dave congratulated Joanna and thanked Ryan for his excellent work with the Delaware Project.

(11) Enhancing Open Science in Clinical Science Training (Tackett & Miller)

Jennifer Tackett and Josh Miller reported on their activities with regards to open science and led a discussion on ways to incorporate best practices in open science into clinical science training.

Jennifer reported that she co-authored a paper with a number of Academy program colleagues examining why, to date, clinical science has largely remained outside of the replication movement, and how the replication movement as it has developed may not be a fit for clinical science, which often uses different methodologies (e.g., archival data collection) than does social psychology. Jennifer and Josh are co-editing a special issue of *Journal of Abnormal Psychology* focused on replicability. Josh reported that at *Journal of Research on Personality*, authors now state whether their study is pre-registered. Jennifer noted that they are putting together a special issue at JRP with registered reports (i.e., authors submit the intro, methods, and an empty results section and the manuscript is accepted on those grounds). Jennifer is creating a course on these issues and Josh has integrated a lot of this information into his graduate methods course. They both highlighted that it is important for clinical psychologists to get involved in the open science movement because many of the core methodologies are different from those used by cognitive and social psychologists.

Jennifer noted that she has spoken with several graduate students who are interested in open-science initiatives but are not sure how to talk about these issues with their mentors.

Jennifer reported that she has made materials available on her website based on her lab's experience with pre-registration of analyses of archival data sets.

(12) New Business/Last Thoughts

Dave reminded the members that several APCS elections will be taking place this fall as Stacy (treasurer), Josh (member-at-large), and Melanie (secretary) are all at the end of their terms. Dave's term as president runs for one more year. We will elect a new president this fall as well,

and this person will serve as president-elect for one year prior to her/his 3-year term as president. Dave thanked Stacy, Josh, and Melanie for their service and asked people to encourage their colleagues to run.

Dave asked for a vote concerning how many programs were in favour of raising dues \$50 in each of 2019 and 2022. The majority of the members voted yes.

Dave reported that the EC would shortly be distributing a policy statement to members recommending that a student representative be elected (or selected) to the EC, and a vote would be held on this issue at the end of the summer.

Dick McFall closed the meeting by noting that Alan Kazdin had published a new book in which he presented data suggesting that our current treatment efforts cannot be scaled to meet the global burden of mental health problems. He encouraged us to return to the question that Bob Levenson raised earlier: If we are given the freedom to deliver the clinical training we think students should be receiving, what are we going to do?

Meeting adjourned at 12:02 PM