

# **Academy of Psychological Clinical Science**

 President
 President Elect
 Secretary
 Treasurer
 Student Member

 David Sbarra
 Cindy Yee Bradbury
 Melanie Dirks
 Nicholas Eaton
 Atina Manvelian



**Executive Committee At-Large Members** 

Michele Levine, Wayne Siegel, & Susan South

# 2019 APCS Member Meeting Agenda Thursday, May 24 Marriott Wardman Park Hotel Thurgood Marshall Ballroom West 8:00am-12:00pm

Present: Nicholas Eaton (Stony Brook University), Susan South (Purdue University), Michele Levine (Western Psychiatric Institute and Clinic/University of Pittsburgh), Atina Manvelian (University of Arizona, Doctoral Student), Jennifer Duchschere (University of Arizona, Doctoral Student), Tim Fowles (University of Delaware), Tim Strauman (Duke university), Weichun Zhu (Guangzhou University), Pamela Cole (Pennsylvania State University), Michael Pogue-Geile (University of Pittsburgh), Sara Moss (Ohio State University, Doctoral Student), Jen Cheavens (Ohio State University), Frank Floyd (University of Hawaii), Patricia Lee Llewellyn (University of Virginia), Edward Selby (Rutgers University), Patricia Deldin (University of Michigan), Angus MacDonald (university of Minnesota), K. Anne Zhang (Indiana University), Bob Simons (University of Delaware), Dick McFall (Indiana University), Lisa Starr (University of Rochester), Joanne Davila (Stony Brook University), Aaron Fisher (UC Berkeley), Alan Kraut (PCSAS), Sherryl Goodman (Emory University), Jeffrey Berman (University of Memphis), Claudi Bockting (University of Amsterdam), Jonathan Rotterberg (University of Southern Florida), Aislinn Sandre (McGill University), David Sbarra (University of Arizona), Cindy Yee-Bradbury (UCLA), Anna Weinberg (McGill University), Melanie Dirks (McGill University), Bob Levenson (UC Berkeley/PCSAS), Teresa Treat (University of Iowa), Steve Hollon (Vanderbilt)

#### 8:30am: Opening Remarks (Sbarra)

Dave Sbarra welcomed everyone to the meeting, noting that this is his last meeting as APCS president.

President-elect Cindy Yee-Bradbury thanked Dave for his service to APCS and presented him with a gift.

Dave described how he became President of APCS during a period of transition. During the first 20 years, the focus of APCS has been on the development of a new accreditation system; that goal has been accomplished, and now we need to think about what APCS is providing to its members. Dave highlighted that APCS has recently focused on increasing engagement with students, including the development of the Flexibility Fund awards and the addition of a student member to the EC.

#### 8:40am: Treasurer's Report (Eaton)

Nick Eaton began his term as APCS treasurer in January 2019. He thanked the previous treasurer, Stacy Frazier, for her efforts to ensure a smooth transition. Nick presented the treasurer's report, which is available from him (nicholas.eaton@stonybrook.edu). Overall, APCS is healthy financially. APCS' current balance is \$85, 187, which is \$12, 782 less than last year's balance. The majority of this shortfall is because 21 programs have

not yet paid their annual membership dues (\$9450). Nick noted that membership dues increased this year, from \$400 to \$450.

Nick reported that, for the most part, expenses remained the same as the previous year, including contributions to PCSAS, CAAPS, and the Delaware Project, website maintenance, and tax. There was an increase in the amount spent on the Flexibility Fund because these awards were made twice, instead of once as in the previous year.

In response to a question, Dave reminded the members that the Flexibility Fund is awards of up to \$1000 made to students in Academy programs to allow them to pursue training opportunities not available at their home institution.

Dave thanked Nick for his work as treasurer, as well as Stacy Frazier for her work ensuring a smooth transition as her term ended.

Dave noted that APCS is in good shape financially and that we may want to consider spending down some of the reserve (e.g., by offering more Flexibility Fund awards). Dave also pointed out that next year is the 25<sup>th</sup> anniversary of APCS and that we need to think about planning an event, possibly connected to the Clinical Science Forum at APS.

## 8:50am: APS Program Committee Report (Tackett)

Dave reported that Jennifer Tackett was unable to attend the meeting due to illness. Dave provided an overview of the clinical science programming at APS, including the Clinical Science Forum taking place on Thursday afternoon. Dave noted that Jennifer has one more year in her term as the clinical science representative on the Program Committee of APS and that we need to identify another person to fill this position. People should contact Dave if they know of possible candidates.

## 9:00am: Committee Reports: Membership, Collaboration & Partnerships (Strauman & Davila)

Tim Strauman provided an update from the Membership Committee. APCS welcomed two new doctoral programs as members this year: University of Rochester and Southern Methodist University. He is currently seeking more people to serve on the membership review committee, noting that this is a good opportunity for junior faculty to become involved with APCS as the workload is not too onerous.

Joanne Davila provided an update from the Collaboration and Partnerships Committee. The mission of this committee is to promote the value of clinical science and clinical science training. To do so, they actively recruit clinical scientists to run for office in other organizations in psychology (e.g., ABCT, APPIC, CUDCP). Joanne noted that there is good clinical science representation at CUDCP right now, but they could not identify a clinical scientist to run for the CUDCP board. She also noted that we need to identify an APCS representative to APA's Commission on Accreditation (CoA), highlighting that this committee is a lot of work but that it is extremely important. APCS also needs to identify a representative to attend the meetings of the Council of Chairs of Training Councils (CCTC). Joanne also reported that SSCP has revived the Science and Pseudoscience Special Interest Group at ABCT, and that people who attend ABCT should consider participating.

Dave thanked Joanne for her work. He also pointed out that Joanne is the incoming president of SSCP. Dave noted that connecting to ABCT is fundamental for the long-term success of APCS, because many members – particularly faculty at internship programs – will attend ABCT but not APS. Dave reported that APCS will be resuming hosting a luncheon at ABCT and that we should encourage internship faculty to attend.

# 9:10am: Internships and the Academy (Siegel and Levine)

Wayne Siegel was absent from the meeting due to a family commitment. Michele Levine reported on their efforts to increase the number of internships involved in APCS. She and Wayne asked internship faculty about barriers to applying for membership; people reported that they valued APCS but thought that the application was cumbersome. In response, Michele and Wayne revised the application and sent letters of introduction to internships who are currently not members; four programs wrote back to inquire about possible membership.

Teresa Treat, a member of the PCSAS review committee, reported that she had conducted a quantitative analysis examining factors contributing to PCSAS reviewers' judgments of whether a programs' graduates were engaged in clinical science. Results indicated that having a completed an Academy internship was one of the top two predictors of these judgments. She was presenting these data in the Clinical Science Forum that afternoon.

Dave noted that APCS created an FAQ document for students about applying to internship with answers provided by Academy internship programs. Tim Fowles noted that he couldn't find the FAQ on the APCS webpage and Dave reported that he would add it.

Tim Strauman highlighted that it was critical for the future of clinical science training for doctoral programs to increase integration with internship programs. He noted that most of the doctoral students at Duke end up with positions in medical schools and that internship faculty play a vital role in training them for these positions.

### 9:15 am: Student Engagement Committee (Manvelian)

Atina Manvelian noted that she is the first student member of the Executive Committee and that she is also a member of the Student Engagement Committee (SEC). SEC was created two years ago to ensure that APCS is meting student needs. Two faculty members co-chair the committee – Christal Badour (University of Kentucky) and Justin Lavner (University of Georgia) – which has three student members: Atina, Miranda Belzer (University of Virginia), and Sarah Moss (Ohio State).

A major initiative of the SEC is the Flexibility Fund which provides students with awards of up to \$1000 to pursue training outside of their home institution (e.g., learning a new diagnostic interview). These awards fund training opportunities, they do not cover operating costs for research projects. In the last round, 19 applications were received and 6 to 7 will be funded. In general, approximately 1/3 of submissions are funded. There are two competitions a year. Faculty members are always needed to serve as reviewers.

Angus MacDonald noted that for students' CVs, it may be helpful to modify the name to make receiving one of these awards sound more like an achievement.

Dave noted that when reviewing applications, reviewers want to see how the training opportunity is necessary to advance the student's research agenda. Teresa Treat noted that it would be helpful to communicate this type of information in the application.

Sara Moss, a student member of SEC, provided information about a second initiative, the development of a compendium of resources for students related to different issues in clinical training (e.g., sources of dissertation funding, teaching, mental health and well-being). They are currently looking for an online platform to host this resource.

Dave thanked both Atina and Sara for their work and asked them what their sense is of how much students will use and engage with this new resource. Atina noted that she had already found it helpful and Sara highlighted that once they are online, they will let DCTs know.

Angus MacDonald noted that Society for Research in Psychopathology undertook a similar initiative and though there was early enthusiasm it was not sustainable. He noted that to be useful, it needs to be clear that this resource is easier to use than Google; as well, someone needs to take ownership of it. He suggested making managing this resource an officer position of the SEC.

Atina reported that the SEC also wanted to develop an initiative that promoted positive mentoring relationships between students and their advisors and they were soliciting feedback. Members made several suggestions, including developing a website about how to talk to your mentor that is specific to clinical science and making videos of mentors and mentees talking and putting them online. June Gruber wrote an article about mentoring published in Science Magazine and is giving a talk on mentoring in the Clinical Science Forum, and the SEC was encouraged to reach out to these scholars.

Dave thanked Atina for her work.

# 9:52: Discussion of Student Wellness Initiatives (Frazier)

Stacy Frazier was unable to attend the meeting but she sent her slides, which are also available from her <a href="slfrazi@fiu.edu">slfrazi@fiu.edu</a>. In her presentation, Stacy discusses the work they have done at FIU to promote student wellness, including doing a needs assessment among students. Aaron Fisher commented that he is involved with a research group who published a paper looking at stress among graduate students in STEM, and mitigating factors included clear communication of expectations and performance standards. He also highlighted that for underrepresented students, it was important that they saw themselves reflected in the faculty.

#### 10:00 am: Indiana University Undergrad Clinical Science Certificate Program (Zhang)

Anne Zhang gave a presentation about her work developing an undergraduate certificate program in clinical science at Indiana University. People who are interested can contact her for more information (<a href="mailto:rhangka@indiana.edu">rhangka@indiana.edu</a>). She highlighted that it was essential to begin training in clinical science during undergraduate training, because many of the key inflection points in career trajectories occur before graduate school. The goals of this program are to increase (1) skills, (2) competitiveness for graduate training, and (3) selection of academic and occupational options that incorporate clinical science. Anne reported their curriculum has eight courses and that is STEM intensive. It also provides students with well-mentored research experience, as well as a supervised practicum in a community outpatient setting and a clinical supervision and skills course.

Patty Deldin noted that University of Michigan has a similar program and that a significant challenge is managing the number of students who want to take part. Angus MacDonald commented on the potential of this type of program for increasing inclusiveness and diversity in clinical science.

10:10am: Break

#### 10:25am: Update on PCSAS (Kraut & Levenson)

Alan Kraut and Bob Levenson provided an update on the activities of PCSAS. There are now 39 accredited programs, and Letters of Intent (LOIs) have been received from seven more programs. PCSAS accreditation has been recognized by both the VA and APPIC. Alan and Bob presented for the first time to the Council of Chairs of Training Councils (CCTC).

Efforts continue for PCSAS to be recognized at the federal and state level. Alan and Bob are in contact with the Department of Defense about DoD recognizing PCSAS accreditation, including multiple meetings with the separate services – Army, Navy, and Air Force. He noted that the House of Representatives Appropriations

Committee passed the 2020 Department of Defense Appropriations Bill, which explicitly encouraged DoD to review its regulations concerning clinical psychologists who have graduated from PCSAS programs. They have also been meeting with the leadership of the US Public Health Service (PHS). Although the meetings have been positive, up to and including those with the Deputy Surgeon General, there also is a sense that PHS may wait for the Department of Defense to make a decision about recognizing PCSAS accreditation before they do so. The most recent state to recognize PCSAS was Missouri; other states continue to make progress on this front.

Bob Levenson commented that it was remarkable to sit in this room with Dick McFall, who in 1991 wrote the Manifesto for a Science of Clinical Psychology that has organized thinking about clinical science, and to reflect on how much has changed since that time. Bob highlighted the major contributions of APCS to the advancement of PCSAS. He also highlighted the contributions of others in the room, specifically Bob Simons, who chairs the review committee; Teresa Treat, who is working to quantify the work that PCSAS is doing; Joanne Davila, who has made PCSAS an integral part of CUDCP meetings; and Dave Sbarra, who as President of APCS has partnered with PCSAS on so many important issues. Bob remarked that we need to think actively about involving more junior scholars in these efforts. Bob also commented on the improving relationship between PCSAS and APA, noting that he and Alan have had had several meetings with APA's Chief Executive Officer (Arthur Evans) and Deputy CEO (Jim Diaz-Granados). Conversations have started about what a dual-accreditor model would look like.

Bob noted that in the last few years, Jennifer Callahan at CUDCP has spearheaded a new emphasis and respect for evidence-based training. He challenged the members to think about whether the way we are training clinical scientists is really the best way to do so and to consider how we can apply evidence and scientific principles to developing the best training models.

In response to questions from attendees, there was a discussion about licensing parity for PCSAS. Alan noted that some states do not actually require any change in state law or regulation for parity (e.g., California). He also noted that when working to achieve licensing parity, it was important to have buy in from all levels of the university and that it was helpful to talk to the office that specializes in government relations. Bob highlighted that it was essential to make connections with state psychological associations.

Dave thanked Alan and Bob for their work.

# 10:50am: PCSAS Licensing Parity Panel (Deldin, Pogue-Geile, Cole, and, via a Zoom interview, Cooper)

Dave reminded members of the importance of licensing parity for PCSAS, which is necessary to allow students from PCSAS programs to be licensed. In many states, this requires a change in a law, whereas in others, it requires a change in licensing board-level regulations. Dave noted that they are close to achieving licensing parity in Arizona and highlighted that the involvement of the University's legislative affairs reps was critical to this effort.

Michigan is also currently close to achieving parity, and Patty Deldin described these ongoing efforts. She highlighted the importance of building coalitions and reading the relevant laws very carefully. Patty also emphasized the importance of involving the university office that handles government relations.

Michael Pogue-Geile and Pamela Cole described efforts to achieve parity in Pennsylvania, where the regulation needs to be changed, rather the law. They have met with state lobbyists and are working with Alan Kraut to identify the best path forward.

Dave noted that in Arizona, it was important to find a powerbroker in the university who could convince the university government relations office that this was really important. Patty emphasized the value in having a faculty member sitting on the state licensing board. She also noted the importance of being to communicate the importance of parity very briefly (e.g., to lobbyists).

Alan noted that as more states achieve parity, this process may become easier, and programs will be able to share their materials.

# 11:25am: Introducing the European Association of Clinical Psychology and Psychological Treatment (UACLIPT; <a href="http://www.eaclipt.org">http://www.eaclipt.org</a>; Bockting)

Claudi Bockting described the development of European Association of Clinical Psychology and Psychological Treatment (contact C.L.<u>Bockting@amsterdamumc.nl</u> for more information). They developed this organization to help mobilize clinical psychological science in Europe, including facilitating funding for scientific research and impacting mental-health policy. They created a journal – Clinical Psychology in Europe – and hosted a meeting in Dresden focused on clinical psychological science. She highlighted the challenges of working in the European context; for example, there is variability across countries in terms of laws and accreditation.

Dave thanked Claudi for coming and encouraged to people to contact her if they had questions.

# 11:45am: Update on the Delaware Project (DP) & DP Student Award (Beveridge & Duchschere)

Tim Fowles presented the Delaware Project Student Award instead of Ryan Beveridge who was unable to attend due to teaching commitments. The Delaware Project began in 2011 and was focused on reimagining clinical-science training in way that broke down the silos that had formed between lab-based and dissemination research. The Delaware Project Graduate Student Award is given each year to a doctoral student whose work best exemplifies the principles of the Delaware Project. The award provides funds for the student to attend APS and the ABCT dissemination SIG. Tim noted that the Student Award is presented at this conference and at ABCT, to emphasize the integration of science and practice.

This year's winner is Jennifer Duchschere (University of Arizona). She gave a presentation detailing her award-winning work, which focuses on working with juvenile justice facilities to develop an intervention for incarcerated males.

Dave congratulated Jennifer and noted that this award is highly competitive and that there are many excellent submissions.

#### 11:55am: New Business

No new business was presented. Dave thanked everyone for attending.

#### 11:57: Adjournment