## **Academy of Psychological Clinical Science**



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Howard Berenbaum Tim Strauman

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Marc Atkins Gregory Kolden Allison Harvey, David Sbarra, Rick Zinbarg

## **2012 APCS Member Business Meeting** Thursday, May 24, 2012 **Chicago Sheraton Hotel Erie Room** 9:00 AM to 12:30 PM

Members Present: Greg Kolden, UW Milwaukee; Varda Shoham, Arizona,; Tim Strauman, Duke; Allison Harvey, Berkeley; Jill Cyranowski, WPIC; Tony Papa, UN Reno; Michael Sayette, Rutgers; Gayla Margolin, USC; Elaine Walker, Emory; Don Fowles, Iowa; Stew Shankman, UIC; Dan Klein, Stony Brook; Thomas Widiger, Kentucky; Tom Oltmanns, Washington University; Melanie Dirks, McGill; Teresa Treat, Iowa; Lee Llewellyn, Virginia; David Sbarra, Arizona; Mary Frances O'Connor, Arizona; Rick Zinbarg, Northwestern; Howard Berenbaum, Illinois Visitors: Scott Monroe, Notre Dame; Kelly Rentscher, Arizona (student); Margaretha and Endang Surjaningrum, University of Airlangga (Indonesia)

- 1. Approval of minutes from 2011 Member Business meeting. Minutes approved unanimously.
- 2. Financial report. Greg Kolden reported that APCS has a balance of \$72,123 at of April 30, 2012. Income has steadily increased over the past five years due to increased membership. Income for 2011-2012 was \$30,800 mostly from dues. All member programs were current in their dues. There were no delinquent dues. Expenses were \$27,413 with about 40% of that for Delaware Conference expenses. Anticipated income for 2012-2013 is \$26,000. Dues notices will go out in September or October.
- 3. **Membership committee report.** Tim Strauman reported that three applications were reviewed in the past year; one internship (Cornell Medical Center) and two graduate programs (University of Wisconsin, Milwaukee, and University of Michigan). All three programs were approved by unanimous vote by the Executive Committee. One graduate program application is now under review to be voted on by membership next year.
- 4. Nomination process for new officers. Howard Berenbaum asked for nominations (including selfnominations) for president-elect, treasurer, and member-at-large.
- 5. Updates on PCSAS. Dick McFall, Dick Bootzin, and Bob Simons from the PCSAS board provided an update. CHEA accreditation appears likely this fall. Discussions with the national VA office are ongoing to change their policy to allow PCSAS accreditation for internship or staff positions once CHEA accreditation is obtained. Dues will also increase upon receipt of CHEA accreditation. Founders Circle funds (\$15K/year for 5 years) have been extremely helpful in providing a financial base for PCSAS. Application fees are waived for programs that join the Founders Circle. Assuming VA endorsement of PCSAS-accredited programs, state licensing boards will be approached. Members are encouraged to contact the PCSAS board if they have information on state boards that might be most amenable to including PCSAS accredited programs acceptable for licensure.
- Update on collaborations/interactions with other organizations (ABCT, APS, NIMH, SSCP). 6. Tim Strauman represented APCS on joint white paper with ABCT on guidelines for CBT training in

doctoral psychology graduate training. The guidelines were published in *Behavior Therapy (*2012, *43*, 687-697).

APS has been especially helpful opening NSF to clinical science graduate students.

Academy collaborated with NIMH on Delaware Project. Varda now based at NIMH and funding opportunities for clinical training are planned.

SSCP continues to collaborate with APCS on APS clinical science symposia.

- 7. Status of clinical science undergraduate curriculum white paper. Don Fowles described the history of the white paper. EC voted to post on Academy website and encourage dissemination of the document to undergraduate advisors.
- 8. Update on Delaware Project. Varda Shoham provided an update on Delaware Project. The conference was a major success in terms of attendance, contributions, and favorable comments following the meeting. She will continue to lead the project but because she is now based at NIMH she is looking to transfer leadership to the APCS. This was discussed with the EC and a formal arrangement will be worked out during the next academic year.
- 9. Alan Kazdin joined the meeting to describe the new APS journal, *Psychological Clinical Science*. The focus of the journal is on solving mental health problems and therefore will reach beyond the discipline of clinical psychology. He requested proposals and manuscripts describing innovative solutions to mental health programs. He noted that a series of papers are in development and that new issues of novel methods or topics are welcomed. APS editors are meeting to resolve potential conflict between journals.
- 10. Internships. The continuing internship imbalance was discussed. Members described a ripple effect among students related to a fear of not matching leading to over-compensating by accruing as many clinical hours as possible, leading to declining research productivity, additional years of graduate training and increasing student debt. Several solutions were discussed:
  - a. Captive internship: Kentucky has 2-year half time internship funded through TA's. Other programs are considering this option as well.
  - b. Insurance fund: It was suggested that APCS member programs contribute to a fund to reserve internship slots set aside for unmatched students from APCS programs. One problem is that unfunded slots are not permitted and therefore these slots would need to be funded.
  - c. Cap and trade. This idea would need to be implemented by APPIC. The idea is to divide the number of students by the number of programs and give each program that number of slots. If a program is sending more students than slots then it needs to purchase slots from another program.
  - d. Marc Atkins and Rick Zinbarg agreed to look into implications of arranging for internship slots outside the APPIC match. Here is what they learned:

Marc contacted Sharon Berry, a member of the APPIC board, regarding whether it is possible for graduate programs to coordinate with existing internship programs to fund positions that would be reserved for one of their graduate students. Sharon indicated that this could be arranged by the internship designating a position for that university only. This could be a viable option for graduate programs that were considering funding half-time internships with graduate stipends. The advantage of aligning with an existing internship is that the graduate program would not need to go through the work of becoming CoA accredited or APPIC approved and would not need to pay those fees.

Rick called Susan Zlotlow, of APA CoA, regarding creating 2-year, half-time affiliated slots. She indicated that a model of an internship with some full-time, one-year slots (not affiliated but rather filled through the APPIC match) and some half-time, two-year slots is accreditable (indeed, there are several programs like this that have accreditation including Rochester, U of Michigan, McGill and

Widener) but that, as always, the key is how it is implemented. Some of the questions that would need to be answered in the CoA review of such a program are as follows:

- There is a CoA IR on stipend equity which states that such equity is expected but it is ok to deviate from that in exceptional circumstances so that the key is providing some justification for the discrepant stipends (she said this already happens at programs that have some slots in federal prisons or VAs and other slots not with the federal prison/VA slots paying a higher stipend)
- There would need to be public transparency about which slots are open and which ones are affiliated
- There would need to be clear explanation of what the internship program's role is in selecting interns for the affiliated slots (e.g., would the internship program interview or otherwise evaluate each student's readiness for internship and have final say in whether they accepted a given individual)
- The policy and procedures of the internship program would need to clearly state that the same standards for successful completion of the internship would be applied to the affiliated slots as to the non-affiliated slots (i.e., that the internship program retains authority to state that an intern from the affiliated program didn't pass the internship) and those of the doctoral program would need to clearly state that the consequences of not passing the affiliated internship would be the same as those for not passing a non-affiliated internship
- The program would need to articulate how the training plan for the 2-year, half-time slots is sequential, cumulative and graded
- 11. Clinical scientist careers and how to train our students. Howard described results from those who sent him information on graduates who entered untraditional careers. The three dominant trends are for employment are academic departments that are not psychology or psychiatry (e.g. Pediatrics, Public Health), research institutes, government/VA/Military positions. A discussion ensued about the implications for graduate training for careers outside academic psychology departments.
- 12. New business. Howard described the development of a new Academy website. The plan is for the website to be live within the next couple of months.

Howard also described a new application for internships that is less onerous than past applications that were designed for graduate programs. Membership discussed need for more internships and were asked to solicit applications from programs with clinical science focus.

## Meeting was adjourned at 12:30 p.m.